Heutanar- Inquiry and Research- based learning

Students in colleges, who are on the brink of stepping into the next vital phase of life, require the essential 21st Century skills, i.e. Communication, Collaboration, Critical thinking and Creativity. These skills are imperative for helping them handle complex real world situations that also require a deep-rooted sense of sustainability, empathy and ethics.

Heutanar from **ISR LIFE** is a global platform that exposes students to these unique opportunities and challenges. It is one of the core social initiatives of ISR LIFE. The process of participation is as follows:

Each *Heutanar* session comprises a minimum of 4 and a maximum of 6 participants. Online registration for a minimum of 50 participants from the college is required for **ISR LIFE** to conduct *Heutanar* for the college.Each college will be offered 1(one) *Heutanar* session each month.The session is for a maximum duration of 60 minutes.

After online registration is done by all the participants, they need to be grouped into teams of 4-6 participants with the help of the College Coordinator, duly appointed by the Principal.

The theme and related video for Heutanar will be shared to each team by email 15 days prior to the scheduled date for the session. Participants are expected to watch the video and also similar videos on the same theme. They will have to collaborate with their team members to prepare individual presentations that integrates real life situations and their reflections. Participants are required to consider the following 4 pillars of Heutanar for their preparation:

Curiosity: Any thought or idea about the theme that makes you think
Connection: What was your aha moment? How do you connect the idea with your life?
Continuity: What does the theme and video make you want to do? How can you take this forward in your circle/ associations?
Takeaway: At least 2 personal takeaways from your engagement with the theme

The online sessions are conducted over Zoom. On the predetermined date and time for *Heutanar*, participants are required to join the sessions on time, having checked the hardware and software issues on their device to ensure the session proceeds undisturbed. Participants logging in 5 minutes or later after the start of the session are debarred. They are required to keep their videos switched on throughout the session.

Participants will be encouraged to explore the theme with a focus on the above parameters. Discussion will be conducted by the *Heutanar* host in a dynamic mode that will help deepen the insight and arouse curiosity in the participants. They will also be required to make an online verbal presentation for a maximum of 3 minutes on the theme. Participants are required to remain alert to the responses of other participants that intensifies their spirit of participation and optimise their learnings.

A document in MS Word is required to be sent by each participant after the session, which stands a chance to be published on the international platform called "*Papers*". Participants also have the opportunity to upload a video of their presentation to **ISR LIFE** that will be streamed on the platform called *Heutanar*. Each participant will be awarded a Certificate.